

SEASONAL KITCHEN USA JULY

ARUGULA, BEETS, BEET GREENS, BELL PEPPERS, CARROTS, CORN, CUCUMBER, GARLIC, KOHLRABI, PEAS, RADISHES, RHUBARB, ZUCCHINI

APRICOTS, BLACKBERRIES, BLUEBERRIES, CHERRIES, LEMONS, LIMES, MELON, NECTARINES, PASSION FRUIT, PEACHES, PINEAPPLE, PLUMS, STRAWBERRIES, TOMATOES

DUCK, LAMB

MACKEREL